



Uka Tarsadia University

Department of Humanities



Report on 'Educational Visit to Divyam Institute of Psychiatry'

Date- 6th October 2023

Time- 9:30 am to 2:30 pm

Venue- Divyam Institute of Psychiatry, Palsana

The Department of Humanities organized an educational visit to the Divyam Institute of Psychiatry, Palsana for all the students of BA Psychology. Dr. Vaishali Thakrey briefed them about the field of psychology and its scope in the future. It was followed by a Q and A session with the counselor Ms. Nakshita Rawal. Students also had the opportunity of an interactive session with patients of the geriatric ward and acute wards. Students also had the opportunity to interact with patients with different mental illnesses and disorders such as Bipolar Disorder, Schizophrenia, OCD, Mood Disorders, and Capgrass syndrome. Afterward, students visited the activity area and engaged themselves in activities such as watching movies, singing songs, and playing games. Lastly, students visited the De-Addiction ward and met patients with different types of addictions like gambling, Alcohol, Drugs, and Phone addiction. They also had the opportunity of an interactive session with psychologist Mr. Yash on Addiction and a Senior Psychologist Mr. Ashwani Bhatia. The visit provided them with a practical learning experience to gain insights into the field of mental health and the treatment of psychiatric disorders.